The wise mind



Neither emotional reasoning or rationalisation are wrong. They are just half the picture. It is more accurate and healthy to bring the emotional and rational minds together- the wise mind.

The emotional mind says The rational mind says The wise mind says (something that both parts of agree is true)	Situation	
	The emotional mind says	The rational mind says
The wise mind says (something that both parts of agree is true)	,	-
The wise mind says (something that both parts of agree is true)		
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The wise mind says (something that both parts of agree is true)		
The wise him a says (something that both parts of agree is true)	The wise mind says (something that both parts of agree is true)	
	The wise hime says (sometime that both parts of agree is true)	